

Linda Bean's Maine Kitchen & Topside Tavern

Featuring popular Maine fish, forest and farm foods, Maine milk and beers.

CHOWDERS, BISQUE & OUR LOCAL SALADS

LINDA'S CREAMY MAINE LOBSTER BISQUE* GF

Thick, sumptuous and smooth.
Cup 6 • 16 oz. Mug 12
Wish to add lobster?
Cup 12 • 16 oz. Mug 13

CHEF'S SEAFOOD CHOWDER*

A Maine blend of haddock, scallops, clams and shrimp in a mouth watering creamy chowder.
Cup 7 • 16 oz. Mug 14

MAINE LOBSTER STEW* GF

Buttery milk and cream unite in the way you remember it, with lots of lobster meat and flavor.
Cup 11 • 16 oz. Mug 17

LINDA'S CLAM CHOWDER*

Freeport chowdah champion, thick, flavorful, lots of clams!
Cup 6 • 16 oz. Mug 13

LINDA'S CORN CHOWDER

Sprinkled with old time salt pork and served with a biscuit and honey.
Cup 6 • 16 oz. Mug 12

BIG CLAW LOBSTER SALAD* GF

Right off the boat and cooked perfectly. Maine lobster claws are balanced in a complete salad meal with hard-boiled egg, bacon, avocado, tomato wedges and garlic croutons over fresh local greens. Your choice of dressings. 25

Choose to add to any of the salads below:

Maine Lobster +12 • Vinalhaven Scallops +10 • Broiled Maine Haddock +8
Maine Crab Cake +8 • Maine Beef +10 • Grilled Maine Chicken +6

New! STRAWBERRY + BLUE CHEESE STEAK SALAD* GF

Tender slices of strip steak drizzled with honey vinaigrette served over a bed of romaine lettuce with fresh strawberries, red onion, toasted walnuts and crumbled blue cheese. 16

New! CHEF SALAD

Thick slices of roasted turkey, deli ham and Swiss cheese atop a bed of mixed greens with avocado, hard boiled eggs, cherry tomatoes, cucumbers, shredded carrots and red onion. Served with your choice of dressing. 15

BUTTERNUT SQUASH + APPLE SALAD*

Mixed greens and spinach with sliced apple, roasted butternut squash, dried cranberries and candied walnuts tossed in our apple vinaigrette. 15

DOWNEAST MAINE CAESAR* GF

Crisp romaine, Parmesan cheese and croutons with creamy Caesar dressing.
Side 6 • Large 9

MARKET SALAD* GF

Choices for Maine dressings include vinaigrettes of lemon-basil, balsamic, or apple. Also creamy peppercorn, ranch, blue cheese or Maine Mos-Ness.
Side 5 • Large 9

BEET, WALNUT + GOAT CHEESE SALAD GF

Roasted beets and goat cheese fritters, garnished with sweet and salty walnuts. Topped with apple cider vinaigrette or Maine Mos-Ness dressing.
Side 8 • Large 16

Lots of gluten-free meals here!
Request!

OUR LOCAL STARTERS

New! KELPIWRAP*

Smoked salmon and herbed cream cheese rolled in a seaweed wrap, served with lemon and capers. 12

New! LINDA'S SMOKED SALMON + AVOCADO TOAST

Two slices of multigrain toast with a spread of cream cheese and piled high with sliced tomato, capers, avocado, smoked salmon and red onion. 8

New! SPINACH, TOMATO + ARTICHOKE FLATBREAD

Crispy oven baked flatbread topped with chopped spinach, artichoke hearts, cherry tomato, mozzarella and Parmesan cheese. Finished with a light drizzle of garlic butter. 13

LOBSTER POCKETS*

Deep fried thin wraps filled with succulent lobster, cream cheese and cilantro. Served with sweet pepper dipping sauce. 10

STEAMED MAINE CLAMS* GF

1½ pounds of Freeport-dug soft shell clams. Served shore style with broth and melted butter. 17

STEAMED MAINE MUSSELS* GF

Cooked in white wine with cream, shallots, garlic and thyme. Served with toasted flatbread to help you savor every drop! 14

BACON + PARMESAN SCALLOPS* GF

Pan seared sea scallops served over a bacon, Parmesan and chive cream sauce. 13

FRIED WHOLE BELLY CLAMS* GF

Locally dug and lightly fried make these a Maine "must order!" 13

BLUEBERRY BBQ WINGS* GF

Crispy jumbo wings and drumsticks glazed with our signature Maine Blueberry BBQ Sauce. Very popular! Also available with "Buffalo" sauce or Linda's Maple BBQ. 11

LOBSTER STUFFED MUSHROOMS*

Fresh Maine lobster meat and rich buttery cracker stuffing. Stuffed into plump mushrooms, drizzled with butter and baked to a bubbly golden brown. 10

MAINE LOBSTER TAILS OF JOY®* GF

Easy to eat but still connected to the shell is what we mean by our Lobster for the 21st Century.® Butterflied and broiled to a perfect succulence. Served with our own Kelpislaw.® One for 15, two for 27

OYSTERS ON THE HALF SHELL* GF

Glidden Point Oysters fresh and famous from cold Maine waters. Served on shaved ice with lemon wedge. Cocktail and horseradish sauces available. 3 each, six for 12

L.L.'S VENISON SAUSAGE* GF

A savory house-made forest chutney lifts this mild deer meat sausage treat to perfection. On toast points. 12

FRIED CALAMARI* GF

Thin sliced squid rings and tentacles, pepperoncini and lemon, coated with gingered rice flour and deliciously fried. Paired with sweet and spicy pepper sauce. 11

CRAB CAKES*

Two cakes of pan-seared fresh-picked local crabmeat on a bed of baby greens with creamy sweet pepper sauce and lemon-lime zest. 13

CORN FRITTERS

Our fun deep fried dough balls with healthy niblets of corn served with Linda's 100% pure maple syrup from Weld, Maine. 7

CRISPY CHICKEN STRIPS* GF

Tender chicken breast strips golden fried and served with two sauces: Maine maple mustard and Linda Bean's Blueberry Barbecue. 10

ADD TO YOUR ORDER TO TAKE HOME TODAY:

Linda Bean's®
Blueberry BBQ Sauce

So perfect for your outdoor grill. 13

Linda Bean's® Maple BBQ Sauce

Made with Linda's Over the Moon Maple Syrup. 13

Linda Bean's®

Over the Moon Maple Syrup

From Linda's sugarbush in Weld, Maine. Pint 18 / Half Pint 11

Linda Bean's® Pepper Maple Pinch

For eggs, fish, vegetables, meats. 8

Linda Bean's® Maine Sea Salt 8

Linda Bean's®

Hard to Starboard Coffee

Rugged roast 1 lb bag 13

Linda Bean's®

Easy to Port Coffee

Decaf 1 lb bag 13

*Consuming raw or undercooked meats, fish, shellfish, poultry or eggs can increase your chances of foodborne illness.

This facility may use wheat, egg, milk, soy, peanuts, tree nuts, fish and shellfish.

Linda Bean's Maine Kitchen & Topside Tavern

Thank you for being an encouragement to Maine fishing families. They work very hard.

SANDWICH HEAVEN

New! LOBSTER PANINI*

Chunks of fresh Maine lobster meat in a pressed flatbread with roasted red peppers, avocado, baby spinach, provolone cheese and our herbed lemon aioli. Served with homemade potato chips. 20

LINDA BEAN'S PERFECT MAINE LOBSTER ROLL® * GFX

Lobster meat with Linda's secret herb dressing on a butter-toasted roll, salt & vinegar kettle chips, sweet pickle chips, and Kelpislaw.® Millions served. Original Quarter-Pound Size. 20
The Colossal. 26

CORNED BEEF REUBEN*

Thinly sliced corned beef, sauerkraut, melted swiss cheese and thousand island dressing on toasted rye bread with melted swiss cheese. Served with our homemade potato chips. 12

CLASSIC "SIMPSON'S" BURGER* GFX

Thin beef patty with slowly grilled onions, mayo and piccalilli on a soft burger roll as prepared in the 1950s at Simpson's on the back road to Portland. They only cost a quarter back then (so you could order four, and would always want to)!
8 each or two for 13

PINELAND FARMS CHEESEBURGER* GFX

Maine grass fed beef with Aroostook grain finish for tenderness, with lettuce, tomato slice and a choice of cheese: American, cheddar, blue, gouda or pepperjack. 12
Add bacon, mushrooms or onions for +1 each.

FISH TACOS*

Three flour tortillas with fried haddock, fresh salsa, pickled onion, lettuce and cilantro. Served with avocado-lime sauce, creamy chili pepper sauce and chips. 16

LINDA BEAN'S GRILLED CHEESE® LOBSTER* GFX

Linda's specialty, tender Maine lobster meat combined with an all American grilled cheese sandwich. Made with cheddar, lobster meat, fresh tomato slices and her secret herb dressing. 20

MAINE HADDOCK MELT* GFX

Fried, broiled or spicy pan seared haddock with your cheese choice: American, cheddar, Swiss, blue, smoked gouda or pepper jack. Served with Kelpislaw® and tartar. 14

GRILLED CHICKEN BLT* GFX

Grilled breast of chicken with bacon, lettuce, tomato and sweet & spicy mayo. 12 Add avocado +3

DOUBLE DOG BASKET* GFX

Two red Maine hotdogs in butter-toasted rolls. Served with delicious fries made with Maine potatoes. 11

MAINE (OF COURSE) COURSE

New! LOBSTER NEWBURG SIRLOIN*

An 8oz New York sirloin cooked to temp and topped with chunks of fresh Maine lobster meat in an old fashioned Newburg sauce. Served with Maine whipped potatoes and corn on the cob. 30

New! CITRUS SALMON*

Oven baked Atlantic salmon filet with a citrus and white wine reduction over baby spinach and orange segments. Served with sautéed snow peas and rice pilaf. 21

New! MAPLE TUNA STEAK*

Grilled tuna steak crusted with sesame seeds and finished with a maple syrup glaze. Served with honey bourbon carrots and fingerling potatoes. 19

LAZY LOBSTER BAKE*

Succulent chunks of Maine lobster in a sherry butter sauce, baked with onions, sweet corn and a crumb topping. Or in its traditional manner with just butter and crumbs. Served with Maine whipped potatoes. 25

HADDOCK BAKED THE L.L.BEAN WAY* GF

Linda shares her grandfather's recipe, very popular here. Baked succulently and simply over a moist onion bed. With L.L.'s camp potatoes and fresh Maine vegetables. 18

CHAR-BROILED FILET MIGNON* GF

Tender and flavorful center cut beef tenderloin served with whipped Maine potatoes and seasonal vegetables. 32

FRESH PASTA BOWL GFX

Egg fettuccini tossed with Parmesan cheese sauce, tomato sauce or just butter. 12

Choose any of the following for added delight:*

Maine Lobster +12 • **Vinalhaven Scallops** +10

Maine Beef +10 • **Broiled Maine Haddock** +8

Maine Crabmeat +8 • **Grilled Maine Chicken** +6

GOLDEN FRIED CHICKEN STRIPS* GFX

Remember the days of the Maine Broiler Festival in Belfast when chicken was #1? Our tender breast strips are golden fried and served with Raye's Maine stone ground mustard and Linda Bean's Blueberry BBQ Sauce for dipping. 15

FRANK'S FRANKS + BEANS* GFX

Featuring the famed Maine red: two hot dogs, baked beans, brown bread and Kelpislaw.® A Freeport memory from Frank's Restaurant located decades ago on this site. 13

LINDA'S LITTLE LOBSTER*

Half a clawless split lobster served in its own shell topped with a scoop of lobster mac and cheese. Plated with medallions of fresh cucumber and sliced tomato, drizzled with Maine Mos-Ness dressing. Uniquely prepared to wow your palate, parents and pocketbook. 18

LOBSTER MAC + CHEESE*

Large chunks of succulent Maine lobster meat tossed with a creamy three-cheese sauce, tossed with pasta and finished with crisp crumb topping. 25

MAINE FARM MEATLOAF*

Local Pineland Farms ground beef with chopped red peppers and sweet onion topped with a home style brown sugar tomato glaze. Served with whipped Kennebec potatoes and zesty roasted Brussel sprouts with a touch of garlic. 15

FRIED SEAFOOD PLATTERS—A MAINE TRADITION* GFX

All fried items are served with Aroostook (Maine) fries, tartar sauce or cocktail sauce, and our own Maine farm and shore Kelpislaw.®

Calamari* 16 • **Vinalhaven Scallops*** 20 • **Haddock*** 19

Whole Belly Clams* 21

Combination Platter: Fried Vinalhaven scallops, Maine haddock and whole belly clams* 25

MAINE LOBSTER FEED

Lobster eaten with your hands "stirs your primal senses!"®

MAINE LOBSTER COMPLETE SHORE DINNER* GF

There's no such thing as a Maine lobster from away.® A whole 1¼ pound lobster in its shell with a pound of steamed clams, melted butter, corn bread, a cup of Linda's award winning clam chowder, our signature Kelpislaw® and a slice of pie with ice cream! 46

LUSCIOUS WHOLE RED LOBSTER* GF

In a class by itself.® Sweet 1¼ pounder steamed to perfection. Served with melted butter and our corn bread and Kelpislaw.® 27



A Bean family recipe

GF Gluten-free

GFX Can be modified to gluten-free

 MSC certified sustainable